



# The Arlington Advocate



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## 'Yes' says 'no' to Howard's invitation

BY BRIAN BOYD  
STAFF WRITER

The leading opponent of the failed June 10 debt exclusion referendum has asked town leaders to join the opposition in finding a different way to renovate the town's seven elementary schools, but the Board of Selectmen voted to decline the invitation Monday.

Douglas Howard wrote Selectmen Chairman Kevin Greeley, Finance Committee Chairman Allan Tosti, and School Committee Chairwoman Barbara Goodman last week. He invited representatives of their committees to meet with his ad hoc "Plan B Task Force" to discuss how to continue the renovation program in a way acceptable to the majority of the town.

"We need to hear from (Superintendent Kathleen Donovan) and the School Committee," Greeley said. "Then we can invite Howard to our meetings."

Greeley told The Advocate that he, Tosti, and Goodman have agreed to discuss with their respective groups how to proceed after the defeat. For the next step, he said, they will meet again in late July or early August.

"My feeling is we already have a committee," Greeley said about Howard's ad hoc group.

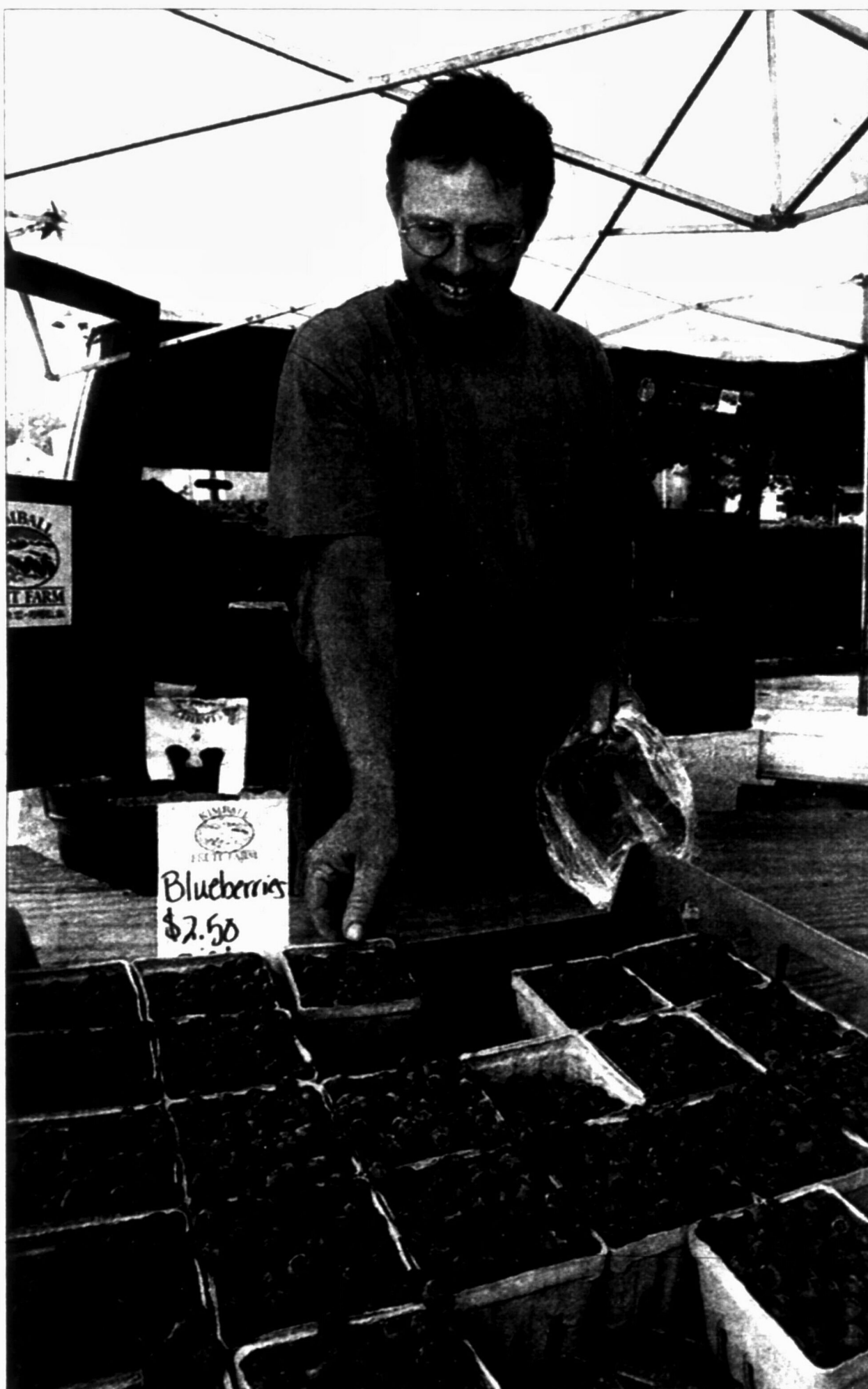
Greeley said he was uncomfortable working with the man he believes he was largely responsible for the debt exclusion failing, but once the three proponents launch a new plan, he would personally invite Howard to their meetings.

Both Greeley and Tosti said a new renovation plan is needed soon, since the State House included in its new budget enough money for the three schools already on the waiting list.

The referendum supporters asked the voters to allow the town to exceed the tax limits of Proposition 2 1/2 in order to pay the principal and interest for financing the

SEE YES, PAGE 5

## OPEN MARKET



STAFF PHOTOS BY SUE SICKLER



Above, Carl Hills of Kimball Farm in Pepperell bags blueberries for a customer during the opening day of the new Farmers Market at Russell Common parking lot July 16. At left, Amy Moblin of Arlington buys lettuce from Max Imhoff of Tocalowa Farm in Mansfield. Organizers of the market, the first in Arlington in more than 40 years, said opening day was a great success. The market will be open Wednesdays, 2-6 p.m., through October 22.

## Selectmen form parking group

BY BRIAN BOYD  
STAFF WRITER

With the proposed expansion of an office building in Arlington Center sparking controversy over the availability of parking for retail customers, the Board of Selectmen voted to form a committee to study the supply and demand for parking spaces.

The selectmen also voted Monday night to place a two-hour limit on parking in the municipal parking lot behind BankBoston and to enforce a permit parking only regulation for the lot between Water and Mill streets.

Meanwhile, the Redevelopment Board decided to continue at its August 8 meeting the discussion of a special permit request for a 15,000 square foot expansion of 5 Water Street.

After heated debate among the board members, developer, and retail business owners, the Redevelopment Board could not resolve parking issues surrounding the planned expansion.

After the meeting, the developer, William H. Rowe, indicated the proposal might die. Asked if he was dropping his request, he said, "We're considering it."

Rowe is seeking to substitute parking space in municipal lots for parking spaces the town's by-

laws requires for new businesses. The law mandates one parking space be provided for every 500 square feet of development, but it allows the board to count municipal parking within 1,000 feet of the construction toward the requirement.

The Chamber of Commerce and owners of neighboring businesses, such as the Chateau Restaurant, protested against the request, contending the new tenants of the expanded building would add to an existing parking problem.

They argued the lack of turnover in the municipal parking lot due to local employees parking all day discourages retail customers from shopping in the Center.

The new parking committee will have representatives from the Board of Selectmen, the Redevelopment Board, the Zoning Board of Appeals, the Chamber of Commerce, and the planning department.

At the selectmen's meeting, Planning Director Alan McClenen Jr. recommended limited parking in the municipal lot behind BankBoston that stretches from Water Street to Railroad Avenue. He contended solving the parking problem is a matter of

SEE PARKING, PAGE 11

## NESWC proposals meeting resistance

BY BRIAN BOYD  
STAFF WRITER

After two years of negotiations, the revised deal between a North Andover incinerator and the 23 North East Solid Waste Committee (NESWC) communities that use it to burn their trash appears to be heading toward defeat after a Westford selectman assured the committee his town will reject the two proposed options.

The incinerator's owner, Wheelabrator Environmental Systems, said it will not implement any of the revised contracts unless all 23 communities are on board.

Steven Rothstein, president of Environmental Futures, Inc., the firm which represents the communities in the negotiations, explained the two proposed contracts to NESWC's board of directors at a meeting at the Community Safety Building on Tuesday.

"We believe that the proposed new deals save the communities money," Rothstein said afterwards. "We believe both new deals reduce the risk."

Hal Schreiber, a member of the Westford Board of Selectmen, contended the revised contract would actually cost his community more money.

"We're not going forward," he said.

Under the existing contract, ne-

gotiated primarily by state officials in the early 1980s, NESWC communities pay twice the state average for disposing their trash at the North Andover plant. The towns also bear the brunt of construction costs and the cost of a federally mandated addition of chemical scrubbers to the smokestacks. The existing contract ends in 2005.

During the meeting, Rothstein recommended discussion on a contentious issue: that finalization of

SEE NESWC, PAGE 11



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## Community Life



This special supplement showcases the many opportunities in our towns for recreation and

enrichment, as well as essential information for adults and children about the places where they live, work and play.



A HELP WANTED SECTION WITH EMPLOYERS

## Hotel developer takes revised plans to neighborhood group

BY BRIAN BOYD  
STAFF WRITER

A developer proposing to build a hotel on the site of the former Alewife Volvo dealership in East Arlington told a neighborhood group he has altered the plans to meet resident's wishes.

At least one group member previously critical of the proposal indicated she may drop her opposition to the 62,000 square foot hotel, however, others continued to express concern about the hotel's impact on the Alewife Brook and the area's traffic.

"It will actually be an improvement," Boston-based developer Jack Wise told a group of 35 people inside the former deal-

ership's showroom July 17, giving assurances about flooding and contamination of the brook.

It was Wise's second meeting with the East Arlington Good Neighbors Committee. Taking the concerns of residents into consideration, he said, the designers reduced the number of rooms to 100 from 120 and moved the hotel closer to Massachusetts Avenue, away from a residential area at the back of the property.

At the first meeting, Wise introduced the proposal as a hotel catering to traveling professionals who will stay for four or more nights at a time. He contended it will not cause the same traffic congestion associated with hotels that have higher

turnovers.

The proposed hotel will be three stories high, and parking will be in a garage underneath the hotel. It will be the first hotel in the town since the turn of the century, according to Assistant Planning Director Kevin O'Brien.

The Redevelopment Board initially planned to review the hotel's design Monday night, but the board did not receive enough information, according to Assistant Planning Director Kevin O'Brien. Wise said the failure to deliver plans might have been the result of miscommunication between his office and his architect.

O'Brien said the hotel will likely be dis-

cussed at the board's next meeting, tentatively set for September 8.

Elsie Fiore, a Town Meeting member from Precinct 2 who initially opposed the hotel, expressed satisfaction in Wise's decision to reduce the number of rooms.

"It might even put a smile on my face," she said.

Wise said he will be working with the Metropolitan District Commission on improving the park area along the brook.

Group member Brian Rojo raised the issue about flooding. He noted the proposed hotel will be located in a flood plain and said the hotel's planners initially considered the unconventional tactic of storing flood

SEE HOTEL, PAGE 5



ROUNDUP

Selectmen grant restaurant licenses

The Board of Selectmen granted three new licenses and made several appointments during its Monday night meeting:

•The new restaurant Cafe Nina, 102 Summer St., received a license to sell wine and beer.

•The board granted Starbucks Coffee Co. a common victualler license to operate a coffee shop in Arlington Heights at 1465 Massachusetts Ave. The building is currently under construction.

•Saint Louis Bread Co., a division of Au Bon Pain, received a common victualler license to operate a bakery/cafe in Arlington Village Shops, a development planned for 1397 Massachusetts Ave.

•To the Council on Aging, the

board appointed former Selectman Richard B. Murray and re-appointed Alex Moschella. Both terms will expire May 1, 2000.

•The board also re-appointed Len Kuhn to the Arlington Historic District Commission.

Deadline draws near for booth application

The deadline for applying for a booth for Arlington's Town Day is Friday, July 25.

Town Day will be Sept. 13 this year. Booth spaces are available for residents, business people in town, an any Arlington-based organization that has been in existence for one year. Applications may be picked up at the Board of Selectmen's office on the second floor of Town Hall, 730 Massachusetts Ave.



A glimpse of a trolley car can be seen at its terminus near the former traffic junction of Mystic Street and Massachusetts Avenue in this circa 1912 photograph. Notice the old Russell School to the upper left (part of Arlington Catholic High School today). Across Massachusetts Avenue stood the imposing mansard-roofed Swan's Block, replaced today by a comparatively bland one-story commercial strip.

Winchester trolley began service 100 years ago

BY RICHARD A. DUFFY  
SPECIAL TO THE ADVOCATE

On July 24, 1897 — exactly 100 years ago today — the first trolley car arrived in Arlington center from Winchester on the latest electric railroad line to pass through town. The Advocate took record that the event took place "amid shouting, tooting of horns and waving of flags." The weekly Winchester Star was less restrained in its coverage, tracing with mounting suspense the streetcar's launch and maiden voyage from Winchester center, down Church Street and onto Cambridge Street (which becomes Mystic Street in Arlington): "Slowly and cautiously it moved at first and then with increasing confidence the juice was turned on, and Arlington center was soon reached without accident. When the car came to a stop at the terminus, our neighbors were treated to a horn and lung serenade that could be heard half a mile away, and which brought half the population to gaze on the invading host and the engine of civilization."

In the days before automobiles, Arlingtonians depended almost entirely on streetcars to travel around greater Boston with anything resembling speed, economy and convenience. As such, the "electric roads" were viewed as indispensable for the successful residential development of suburban lands. The new Mystic Valley Railroad line to Winchester enabled transfers for trolley cars to Woburn, Lowell, Stoneham, Wakefield and Lynn. At Arlington center, passengers coming from Winchester could connect to one of three other streetcar lines: Broadway to Somerville and Charlestown; Medford Street to West Medford and beyond; or Massachusetts Avenue to Cambridge and Boston in one direction, and to Arlington Heights in the other. Connecting service at the Heights into Lexington would not begin until 1900.

For all the apparent logic of linking two transportation hubs, the Winchester-Arlington line sat on the drawing board for several years. The route has been envisioned by 1893, but the project initially had difficulty in attracting the minimum required capital of \$100,000. When construction of the line was actively discussed again in 1895, Winchester residents strongly protested the laying of tracks on Church Street. The Mystic Valley Railroad overcame this obstacle, but encountered another when it made the Winchester-Arlington link part of its 1896 proposal for a "cross country" electric road from Winchester to Watertown. Arlington's Board of Selectmen refused to allow any part of the line to pass through town, citing insufficient demand on the section to Belmont via Pleasant Street. In

view of the rapid residential development of Addison Street, the Gray estate, and Kensington Park during these years, their rationale seems questionable. A more likely reason for their refusal might have been the desire of Pleasant Street's many influential residents to keep their gracious neighborhood free of streetcar clatter. Thus, the original plan to terminate service at Arlington center was resurrected in 1897, and by June a permit for rails on Mystic Street was finally granted. The streetcar company lost no further time in starting construction — the new line became fully operational in under eight weeks!

The practical value of the new streetcar line was perhaps taken for granted, but its recreational merits did not go unappreciated. The editor of the Star declared: "We have rode on about all the connecting lines of electric in this section, and for real beauty of scenery we think the route to Arlington far surpasses them all." Indeed, for Winchester-bound passengers, the atmosphere on Mystic Street turned utterly bucolic beyond Fowle's Mills and the Arlington Gas Works, both located near Summer Street. Expansive agricultural vistas were offered by the Crosby, Huffmaster and Smith Farms, the last of which remains open land today as the golf course of the Winchester Country Club. The natural landscape was embellished by the

Nash-Spurr mansion (still standing at 8 College Ave.), and the long-vanished Niles estate (today's Beverly Road area), among others.

In the beginning cars departed every 30 minutes on the Winchester-Arlington line, from 6:15 a.m. until 11:15 p.m., with an average terminus-to-terminus travel time of 20 minutes or so. Such frequent service notwithstanding, large-scale residential development along the northerly sections of Mystic Street did not take hold until the waning years of trolley travel. The neighborhood known as "Morningside" only came about after the automobile had fully established itself in the lives of prosperous suburbanites. In keeping with this gasoline-powered trend, the fixed-rail electric car line was replaced by more flexible and economical bus service in 1928 — a predecessor of today's MBTA bus #350 between Alewife and Burlington. Although the picturesque "electrics" lasted for little more than 30 years on Mystic Street, trolley cars would continue to be used on the Massachusetts Avenue line (begun as a horse railway in 1859) until 1955. "The last shall be first, and the first shall be last!"

Duffy is vice president of the Arlington Historical Society, and a commissioner on the Arlington Historical Commission.

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# INSIDE ARLINGTON

## Selectmen grant limited night parking on Highland Avenue and Beacon Street

BY BARBARA FORSTER  
SPECIAL TO THE ADVOCATE

Parking and communication issues dominated discussions at the Board of Selectmen's meeting on Monday.

In a four to one decision, the board agreed to waive the parking ban for Highland Avenue residents partly because overnight spots in the Stop & Shop Massachusetts Avenue parking lot disappeared when store renovations began. Residents reported that store officials currently do not plan to renew parking permission. Lyons added that building driveways at the Highland Avenue buildings is physically impossible.

Snow emergencies supersede the ban and strict enforcement will be the rule. Only those who live between 21 and 31 Highland Ave. were granted overnight permission.

Kathleen Kiely Dias cast a dissenting vote.

"This widens the loophole and we'll have problems in the future," she said.

Traditionally, the board has waived the the overnight ban

when physical terrain prevented the building of parking spaces.

The board unanimously agreed to waive the overnight ban for the Dodge family on Beacon Street - another situation where building parking is not an option - but chose to refer Allen Whittaker's parking request to the parking sub-committee. Whittaker sought approval to park overnight in a handicapped space near Fox branch library on Mass. Ave. because his current landlord does not provide parking facilities.

In addition to a lengthy discussion on ways to allot municipal parking spots in Arlington Center, Highland Avenue residents received the OK for overnight street parking as did a Beacon Street resident. A request from a Massachusetts Avenue resident for permission to park overnight in a designated handicapped spot was deferred to a parking sub-committee. The board also decided to continue working with school board reps on how to handle school renovations.

RCN Negotiations  
Town counsel John Maher reported that negotiations between

the town and RCN - the company is proposing to provide video, data, and voice communication via an open video system - should be finished in time for presentation at the August board meeting.

"There are some remaining issues such as Internet access and non-profit educational institutions need to be included, but we are approaching the 80- to 90-percent mark," he said.

RCN's plans include building a telephone system and a Municipal Fiber Information System linking schools and municipal buildings featuring a fully fiber optic network, two-way interactive video capability. The town will also receive five percent of the the company's gross annual revenues as franchise fees.

"The agreement requires us to build 100 percent of the town," said RCN Vice President George Duffy. "Your team has been particularly aggressive, and we hope we never have to give this much again."

Board member Charlie Lyons urged negotiators to be cautious. "I'm excited with what we have

so far, but I want to make sure that the price is competitive for consumers," he said. "The more things we throw in means that more costs are passed on to consumers."

Arlington could be the first town in the state to have an OVS, Boston already has one and Somerville is about to sign an agreement. Duffy said that engineering could begin 30 days after the agreement is signed. The project would be completed eight months later.

Wildlife Remembered  
With a little prompting from a 10-year-old Rebecca Smith, life for Reservoir Beach ducks and geese became safer. Selectman agreed to add a billboard protecting the wildlife from human pests. New signage at the beach will soon read: No chasing and/or splashing ducks or geese.

The youngster received a round of applause following Chairman Kevin Greeley's praise for her efforts. "We need that kind of involvement," he said.

The board's final vote of the evening was for an executive session to discuss property acquisition matters and non-union collective bargaining issues.

### MEETINGS

Thursday, July 24  
Arlington Historic District Commissions, 8:30 p.m., Whittemore-Robbins House

Wednesday, July 30  
The Cyrus E. Dallin Art Museum Board of Trustees, 7:30 p.m., Plan-

ning Department Conference Room, Town Hall Annex

Thursday, July 31

Arlington Town Day Committee, 9:30 a.m., second floor conference room, Town Hall Annex

### VOLUNTEERS

#### Volunteers needed for elderly women

Two isolated low-income elderly women in Arlington would very much love to have someone visit and take them out locally just once a week; one lonesome Spanish-speaking lady would like a visitor; a frail, homebound elderly woman and a man need someone to do grocery shopping each week. Volunteers receive 25¢ per mile reimbursement plus great appreciation! Call Liz Nania, Minuteman Home Care at (617) 272-7177.

#### Park Ave. facility seeks volunteers

Park Avenue Nursing and Rehabilitation Center is seeking volunteers to enhance our activities program. They need volunteers to assist with transporting residents to activities and to assist with activities.

Also needed are musicians who would like to share their talents with residents on a routine basis. Call Carole Fagan, at 648-9530.

## Friends come to aid of Arlington family in need

BY ADVOCATE STAFF

No one is a failure in this world  
Who lightens the burden for someone else.

The saying on his daily desktop calendar seemed to sum up July 14 perfectly for Jack Bowler and his wife, Fran.

As the man behind the "Year of the Family" in Arlington this year, someone had come to Bowler with a request earlier in the month.

"I was approached by someone who said their neighbors were up against it," Bowler said.

The family in question was the Haroutunians - Harry, Janet and their three children. Both Harry and Janet have been lifelong residents of town, both graduating Arlington High School in 1971. As manager of Stop & Shop, Harry held a very visible job and both were active in community life.

"This family has always been terrific helping out with things going on in the town," Bowler said. "It's very hard for them, after all these years of being the ones helping out, to seek help themselves."

So with some quick organization, the Bowlers and 24 other friends, neighbors and acquaintances of the Haroutunians met last week at the Fox Library to stuff and mail letters to 2,800 people.

As explained in the letter, the Haroutunians trouble is of a medical nature.

Jan Haroutunian has struggled with Multiple Sclerosis for many years. She depends on a wheelchair, is in constant pain, and relied on her husband, whom she calls her "Rock," to help her with everyday tasks.

While the Haroutunians did not want to be interviewed, Bowler said Jan had written a letter about her medical condition.

"Anybody who reads this would



Helping stuff envelopes for the Haroutunian Fund last week were, from left clockwise around table, Dick Bowler, Ann Bowler, Fran Bowler, Pat Conroy, Elaine Coleman and Bill Cronin.

cry," he said.

But the family managed well until Harry was diagnosed with a malignant brain tumor. In April, 80 percent of the tumor was removed, however the rest was left untouched because attempting to remove it might have affected ability to speak and comprehend.

Unable to work, the family has lost most of his income because his disability payments amount to only a fraction of what he earned. Organizers of the fund established for the family say the immediate concerns are for

household expenses, outstanding medical expenses not covered by their health insurance, and funds to meet the educational needs of their three children, two of whom are in college and one who just completed 7th grade at the Otton Middle School.

The organizers hope the mailing and other events just now in the planning stages will help offset the family's needs.

To contribute to the fund, send a check payable to Haroutunian Fund, Cambridge Savings Bank, PO Box 1424, Arlington, MA 02174-0022.

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# INSIDE ARLINGTON

## SUMMER READING



Arlington resident Susan Marceau Kolb reads Sanctuary Magazine while her children play near the Boys and Girls Club one sunny morning earlier this month.

STAFF PHOTO BY ANN RINGWOOD

## Selectmen decline Howard's invitation

YES, FROM PAGE 5

ponents said the project would cost \$50 million, but Howard called it "a blank check."

"We don't have any specific recommendations," Howard said. "We first want to round out the task force to include individuals have been heretofore on the other side and establish leadership that has been missing," since the end of the campaign.

Howard opposed the debt exclusion but maintained he was not against renovating the schools. He argued a more moderate plan was needed.

Tosti was more receptive but cautious about Howard's invitation. He said he would be willing to meet with Howard's task force, but he wants to first discuss with his colleagues how any such meeting should proceed.

"I think that open dialogue and contact never hurts," Tosti said. "But for anything as far specific parameters, I've got to talk to others and members of the committee."

Goodman said Monday she had not received the letter from Howard, but she would be will-

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## Calls for Service

The Arlington Fire Department responded to 83 calls during the week ending July 19. These calls included: 31 rescues, two reports of wires down, and one car fire.

## July 14

At 8:35 a.m. - Two cars were damaged and a Brookdale Street man suffered chest pains after his car caught on fire. When firefighters arrived, a 1985 Lincoln Towncar was fully on fire and a car next to it, a 1990 Nissan Maxima, was also on fire.

Firefighters extinguished the flames. The man was transported to Symmes Hospital and Medical Center, where he was treated and later released.

At 12:02 p.m. - A brush fire of suspicious nature off Birch Road was extinguished by firefighters.

## July 15

At 10:16 a.m. - Rescue personnel responded to 206 Summer Street to treat a man who fell off a bicycle and suffered lacerations and contusions to his head. The man was taken to Symmes Hospital, where he was treated and later released.

## July 16

At 11:26 p.m. - Rescue workers responded to an Alpine Street

home on the report of a 17-year-old woman suffering a possible allergic reaction to food. The woman was transported to Children's Hospital in Boston.

## July 18

At 3:29 p.m. - Firefighters responded to the report of a water leak at the Whittemore Robbins House. Damage was reported to an exit sign.

## SAFETY TIPS Connecting the tank

The Arlington Fire Department reminds residents to keep the container upright when you're re-connecting it to the grill's regulator.

Always tighten the valve connection. The newer cylinder valves (since 1994) use a clockwise motion — (right hand thread) — just like a faucet. The older valves — called reverse thread or left-hand thread — are still available but are being phased out. We strongly recommend asking your dealer for the newer valve when you have your cylinder filled.

Always start the grill with the cover up and to one side of the grill.

**Safe Use — outside, away from house, no balconies above first floor**

Keep all LP-gas grill containers outside, three feet away from

## FIRE

building openings such as doors, windows, dryer vents and air intake vents.

Gas grill containers must be kept five feet away from possible ignition sources such as air conditioners, compressors, cars, pilot lights; however, the U.S. Consumer Product Safety Commission recommends 10 feet away from the house, especially when in use.

Keep the gas grill well away from combustibles — things that can burn — such as wood siding and deck railings.

In Massachusetts, LP-gas grills are not permitted inside any building where people live. They are also not permitted on residential balconies above the first floor. In other words, the cylinders are not permitted inside the home at any time, even to get them to a balcony, the reason for this is that LP-gas is heavier than air and sinks. A leaky grill could pose a hazard to people below.

Don't move a grill once it has been lit.

Have a fire extinguisher handy.

## POLICE

### July 20

At 10:35 p.m. - Police arrested Kenneth B. Cottrell, 32, of Dorchester and charged him with several offenses after an officer saw him drive through a crosswalk while a pedestrian was crossing, police said.

The incident happened in front of the Stop & Shop on Massachusetts Avenue as Cottrell traveled east in his car. He was charged with failing to yield to a pedestrian, operating an unregistered motor vehicle, operating an uninsured motor vehicle, and operating a motor vehicle after having his license revoked.

### Jan. 19

At 3:46 a.m. - Police arrested Aaron Roberts, 22, of Westboro, on charges of breaking and entering after they found him bleeding from lacerations in a condominium building on Old Colony Lane.

Police said an investigation revealed that Roberts had been asked to leave a party at the building earlier in the evening. He returned, allegedly breaking out two windows near a door to get into the building.

He was transported to Symmes Hospital, where he was treated for lacerations to his leg and arms and then released. In addition to the breaking and entering charge, he is charged with malicious damage to a building and disturbing the peace.

## LEGAL NOTICES

### Legals Arlington Advocate

1840

#### BOHANNON

#### LEGAL NOTICE MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

Premises: 20 Melanie Lane  
Arlington, Massachusetts

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Mark F. Bohannon and Lorraine A. Bohannon to Pioneer Financial A Co-Operative Bank dated July 25, 1986 and recorded with Middlesex County (Southern District) Registry of Deeds in Book 17141 Page 513 of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on the 19th day of August, 1997, A.D. at 2:00 P.M. at or upon the mortgaged premises, 20 Melanie Lane, Arlington, Massachusetts, as described below, being all and singular the premises described in said mortgage:

To wit:

The following described property located in Middlesex County, Massachusetts:

**Parcel One:** A certain parcel of land with the buildings thereon known as and numbered 20 Melanie Lane, Arlington, Middlesex County, Mass., owner (sic Owner) Sullivan & Dempsey Realty Trust, Frederick R. Joyce, No. Registered Land Surveyors, dated February 6, 1984, recorded with Middlesex County District Registry of Deeds, Book 15440, end, bounded and described as follows:

**SOUTHEASTERLY** by Melanie Lane, 60 feet; **SOUTHWESTERLY** by Lot 4 as shown on said plan, 127.87 feet; **NORTHWESTERLY** by land now or formerly of J. & L. Stone and land now or formerly of C. & M. Barker, 46.91 feet; **NORTHEASTERLY** by Lot 6 as shown on said plan, by two bounds, 62.54 feet and 75 feet, respectively.

#### Parcel Two:

Lot 5A as shown on said plan.

For our title see deed recorded in book 15745, page 62.

**TERMS OF SALE:** Said premises will be sold and conveyed subject to all outstanding municipal or other public taxes, tax titles, assessments, liens, or claims, in the nature of liens, rights of tenants and parties in possession, and existing encumbrances of record, if any, which take precedence over the said mortgage above described.

**FIVE THOUSAND DOLLARS** and NO 100 (\$5,000.00) must be paid by certified bank treasurer's or cashier's check at the time and place of the sale by the purchaser as a deposit. The balance of the purchase price to be paid in cash or by certified check, bank cashier's check or bank treasurer's check within 30 days thereafter at the Law Offices of Shapiro & Kresman, Cheswick Park, 490 Boston Post Road, Sudbury, Ma 01776-5080, 443-8800. The description for the premises contained in said mortgage shall control in the event of a typographical error in this publication.

Other terms to be announced at the sale.

Homeside Lending, Inc.  
PRESENT HOLDER OF SAID MORTGAGE

Arlington Advocate: 724-8731 & 8797

#### Carroll

#### LEGAL NOTICE THE COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT CASE NO. 240035

To Margaret A. Carroll, Jean M. Grubis, and all persons entitled to the benefit of the Soldiers and Sailors' Civil Relief Act of 1940 as amended.

First Commercial Mortgage Company, claiming to be the holder of a mortgage covering real property in Arlington numbered 88-A Broadway given by Margaret A. Carroll and Jean M. Grubis to First Eastern Mortgage Corporation dated September 1, 1989, recorded with Middlesex County (Southern District) Registry of Deeds at Book 20055, Page 181 and now held by the plaintiff by assignment, has filed with said court a complaint for authority to foreclose said mortgage in the manner following, by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Soldiers and Sailors' Civil Relief Act of 1940 as amended, and you object to such foreclosure, you or your attorney should file a written appearance in said court at Boston on or before the 25th day of August 1997, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness: Peter W. Kilborn, Chief Justice of said Court, this 9th day of July, 1997.

Charles W. Trombly, Jr.  
Recorder

Arlington Advocate: 724-97

#### Charles MCCARTHY ESTATE LEGAL NOTICE

#### ADMINISTRATION OBJECTA WITH SURETIES COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT THE PROBATE AND FAMILY COURT DEPARTMENT MIDDLESEX DIVISION DOCKET NO. 479965

Estate of Charles A. McCarthy  
Late of Arlington  
IN THE COUNTY OF MIDDLESEX

#### NOTICE

A petition has been presented in the above-captioned matter praying that Elizabeth Cronin of Five in the State of New Hampshire and Vincent McCarthy of Lexington in the County of Middlesex or some other suitable person be appointed administrator with the will annexed of said estate not already administered.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on August 8, 1997.

WITNESS: Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the eighth day of July, in the year of our Lord one thousand nine hundred and ninety-seven.

Robert B. Antonelli  
Register of Probate Court

Arlington Advocate: 724-97

#### GERTRUDE MCCARTHY ESTATE LEGAL NOTICE COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT THE PROBATE AND FAMILY COURT DEPARTMENT PROBATE OF WILL WITHOUT SURETIES

MIDDLESEX, SS DIVISION  
DOCKET NUMBER 97P3225P

Estate of Gertrude M. McCarthy  
Late of Arlington  
IN THE COUNTY OF MIDDLESEX

#### NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument purporting to be the last will of said deceased may be proved and allowed and that Rita G. Piazza of Lynnfield in the County of Essex and Elizabeth Ann Nugent of Beverly in the County of Essex be appointed executors without giving surety on their bonds.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 a.m. on August 18, 1997.

In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS: Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the eleventh day of July, in the year of our Lord one thousand nine hundred and ninety-seven.

Robert B. Antonelli  
Register of Probate Court

Arlington Advocate: 724-97

#### OIL & BURNER SERVICE LEGAL NOTICE ARLINGTON HOUSING AUTHORITY 4 WINSLOW STREET ARLINGTON, MASSACHUSETTS 02174

Sealed bids for furnishing fuel oil and burner service to the Arlington Housing Authority, Arlington, Massachusetts will be received at the office of the Arlington Housing Authority, 4 Winslow Street, Arlington, Massachusetts up to 12:00 Noon, July 30, 1997. Bids may be submitted for any or all of the three following contract periods:

The Contract will be awarded to the bidder offering the lowest price for term of this contract which is one (1) year from August 1, 1997 to July 31, 1998. Bidder shall also include any price changes over a three year period.

This contract may be renewed for a period of up to two (2) additional years at the sole discretion of the owner and is not subject to agreement or acceptance by the contractor.

Specifications and bid forms must be obtained at the office of the Arlington Housing Authority and Bids must be submitted on forms provided, in sealed envelopes, endorsed on the outside "Proposal for Fuel Oil" together with bidders name.

A certified check made payable to the Arlington Housing Authority in the amount of One Hundred Dollars (\$100.00) shall be filed with each proposal.

All checks shall be held by the Arlington Housing Authority until award of Contract. The successful bidder shall be held by the Arlington Housing Authority until award of Contract. The successful bidder shall enter into contract with the Arlington Housing Authority within several days after notification of acceptance of this bid, and his check will be returned to him upon execution of the Contract. Upon failure to enter into contract his check shall be forfeited to the Authority. No contract will be valid until approved by the Massachusetts Department of Housing & Community Development.

The Arlington Housing Authority reserves the right to accept any bid and to reject any or all bids deemed for the best interest of the Authority.

John F. Cusack, Chairman

Arlington Advocate: 717 & 724-97

#### PLAYGROUND RENOVATION BID LEGAL NOTICE TOWN OF ARLINGTON MASSACHUSETTS INVITATION FOR BID

Sealed proposals, addressed to the Town Manager, Town Hall, Arlington, MA 02174 for PARMENTER SCHOOL PLAYGROUND RENOVATION

at the Office of the Purchasing Agent (Town Manager's Office), Town Hall, Arlington, MA until 11:00 A.M., WEDNESDAY, AUGUST 20, 1997 and at that time and place will be publicly opened and read.

Bidding procedures and award of the contract shall be in accordance with the applicable provisions of the Commonwealth of Massachusetts General Laws, Chapter 30, Section 39M as amended and Chapter 149, Sections 44A through 44L, inclusive, as amended. Award of bid is contingent on appropriation. Work to start no later than July 1, 1998.

In general, the project consists of renovations to a school playground, located at the corner of Academy Street and Irving Street in the Town, including the provision of handicap access. The playground was last renovated in the mid-nineteen seventies. It serves both the residential neighborhood and children who attend two private schools in the former public elementary school. The project is to begin on or about July 1, 1998 and must be completed by September 1, 1998.

Plans and specifications will be available at the Town Manager's Office/Purchasing Department at the above address on or after July 29, 1997 from 8:00 A.M. to 4:00 P.M. for a \$75.00 refundable deposit in the form of a cashier's check, treasurer's or certified check or cash. Checks should be made out to the Town of Arlington.

Deposits will be refunded upon return of complete bidding and contract documents in good condition within ten (10) days after opening of bids, otherwise the deposit shall become the property of the Awarding Authority.

Each proposal must be accompanied by a bid security in the form of a Bid Bond or Treasurer's or Cashier's check, issued by a responsible bank or trust company payable to the Town of Arlington in the amount of 5% of the contract price, in accordance with Chapter 30, Section 39M.

All bids must be in sealed envelopes plainly marked: **BID PARMENTER SCHOOL PLAYGROUND RENOVATIONS, 11:00 A.M., WEDNESDAY, AUGUST 20, 1997, BID #97-27.**

The Project includes removal of old materials and structures, regrading and repaving, including installation of precast concrete pavers, construction and installation of site improvements such as play structures, a timber amphitheater, fencing, and various site amenities, and planting of trees, shrubs, and flowers. State-of-the-art safety and handicap accessibility standards are to be met.

Attention is called to the minimum rates of wages to be paid on the work as determined by the Commissioner of Labor and Industries under the provisions of Sections 26 and 27, Chapter 149 of the General Laws.

Bid will be awarded within sixty (60) days of bid opening.

For further information on this project please contact Alan McClellan, Director of Planning & Community Development at (617) 646-1000, Ext. 4132.

The Town of Arlington, Massachusetts reserves the right to waive any formalities or to reject any or all proposals or to accept the proposal deemed to be in the best interest of the Town of Arlington.

#### TOWN OF ARLINGTON

DONALD R. MARQUIS  
TOWN MANAGER

Arlington Advocate: 724-97

#### VACANT UNITS LEGAL NOTICE ADVERTISEMENTS

The Arlington Housing Authority invites sealed bids from licensed Deleading Contractors for Lead Paint Abatement in Vacant Units (200-1) in Arlington, Massachusetts, in accordance with the documents prepared by the Department of Housing and Community Development.

This project consists of lead-paint abatement on basement beams, removal of laundry sinks for scrap disposal, removing and scraping some window components. Nine vacant units are immediately available and more may be added by unit prices beyond the base bid when they become vacant. Providing a labor and materials bond equal to at least half of the contract amount in addition to common insurance coverage is included in the Contract.

The work is estimated to cost \$11,000.

Bids will be received until 2:00 p.m., on Thursday, August 7, 1997 and publicly opened forthwith at the Arlington Housing Authority, 4 Winslow Street, Arlington, MA 02174.

Bids shall be accompanied by a bid deposit that is not less than five (5%) of the highest possible bid amount considering all alternates being accepted in order, and made payable to the Arlington Housing Authority.

Bid Forms and Contract Documents will be available for pick-up at Arlington Housing Authority, 4 Winslow Street, Arlington, MA 02174, after 10:00 a.m. on Wednesday, July 23, 1997.

If mailed, Bids should be sent to Arlington Housing Authority, 4 Winslow Street, Arlington, MA 02174 and received no later than the date and time specified above.

Bids are subject to M.G.L. c.30 §39M, and to minimum wage rates as required by M.G.L. c.149 §26 to 27D inclusive.

Contract Documents may be obtained at the Arlington Housing Authority, 4 Winslow Street, Arlington, MA 02174 upon deposit of a certified or cashier's check in the amount of \$15 per set, payable to the Arlington Housing Authority. This deposit will be refunded for up to two sets upon

days of receipt of general bids. Otherwise the deposit shall be the property of the Housing Authority. Additional sets may be purchased for \$15.

Bidders requesting Contract Documents to be mailed to them shall include a separate check for \$5.00 per set, payable to the Arlington Housing Authority, to cover mail handling costs.

The job site and units may be visited at 9:30 a.m. on Thursday, July 31, 1997. For directions call Mr. Frank Hurd, Executive Director at (617) 646-3400.

The Contract Documents may be seen, but not removed at:

Construction Market Data  
75 Second Avenue, Suite 320  
Needham, MA 02194

F.W. Dodge - McGraw Hill  
24 Hartwell Avenue  
Lexington, MA 02174

Arlington Housing Authority

Arlington Advocate: 724-97

#### 13 ACADEMY ST. LEGAL NOTICE ARLINGTON HISTORICAL COMMISSION NOTICE OF HEARING

Notice is hereby given that a public hearing will be held on Tuesday, August 12, 1997, at 8:45 p.m. in the Whittemore-Robbins House, 670R Massachusetts Avenue, to consider an application to remove aluminum siding, build a dormer and rebuild the front porch at 13 Academy Street.

Mr. Robert Botteno, Chairman  
July 21, 1997

Arlington Advocate: 724-97

#### 15 LEWIS AVE. LEGAL NOTICE ARLINGTON HISTORICAL COMMISSION NOTICE OF HEARING

Notice is hereby given that a public hearing will be held on Tuesday, August 12, 1997, at 9:15 p.m. in the Whittemore-Robbins House, 670R Massachusetts Avenue, to consider an application to demolish a metal shed garage and construct a new garage at 15 Lewis Avenue.

Mr. Robert Botteno, Chairman  
July 21, 1997

Arlington Advocate: 724-97

#### 5-11 WATER ST. LEGAL NOTICE ARLINGTON HISTORICAL COMMISSION NOTICE OF HEARING

Notice is hereby given that a public hearing will be held on Tuesday, August 12, 1997, at 8:00 p.m. in the Whittemore-Robbins House, 670R Massachusetts Avenue, to consider an application to build an addition to 5-11 Water Street.

Mr. Robert Botteno, Chairman  
July 21, 1997

Arlington Advocate: 724-97

#### 51 MEDFORD ST. LEGAL NOTICE ARLINGTON HISTORICAL COMMISSION NOTICE OF HEARING

Notice is hereby given that a public hearing will be held on Tuesday, August 12, 1997, at 9:45 p.m. in the Whittemore-Robbins House, 670R Massachusetts Avenue, to consider an application to demolish a barn and construct a new rectory for the St. Agnes Parish at 51 Medford Street.

Mr. Robert Botteno, Chairman  
July 21, 1997

Arlington Advocate: 724-97

## BEACON HILL ROLL CALL

**The House and Senate** — BHRC records local representatives votes on five roll calls from the week of July 14-18. There were no roll calls in the Senate last week.

### HOUSE



James J. Marzilli  
D-Arlington  
(617) 722-2060  
Room 33



Anne M. Paulsen  
D-Belmont  
(617) 722-2140  
Room 22



Robert A. Harnett III  
D-Arlington  
(617) 722-1432  
Room 513

1.	Y
2.	Y
3.	N
4.	Y
5.	Y

1.	Y
2.	Y
3.	N
4.	Y
5.	Y

1.	Y
2.	Y
3.	N
4.	Y
5.	Y

**1. Prison Visits (H 4689)** — The House, 155-0, gave near final approval to and sent to the Senate a bill prohibiting judges from requiring a child to visit a parent who has been convicted of first degree murder of the child's other parent. Supporters said the bill will protect these emotionally scarred children from further pain caused by mandated visits. They noted the proposal was prompted by the case of a child who witnessed her father murder her mother and was traumatized when the father demanded the child visit him in prison.

**2. Convention Center (H 4717)** — The House, 134-20, gave near final approval to and sent to the Senate a \$717.5 million bond package authorizing construction of a new \$600 million Boston Convention Center; \$48.5 million for a new Springfield Civic Center; \$25 million for construction and expansion of the Basketball Hall of Fame in Springfield; \$19 million for completion of the Worcester Convention Center; and \$25 million to help fund other regional development projects across the state. The city of Boston would contribute \$158 million for acquisition of the convention center site. Other provisions include a hike from 9.7 percent to 12.45 percent in the hotel, motel and bed and breakfast tax in Boston, Cambridge, Springfield and Worcester; a \$1 per ticket surcharge for sightseeing and trolley tours within 15 miles of the three convention centers; a \$2 per day surcharge on any vehicles using parking facilities built in conjunction with or as part of the projects in the bill; and a \$10 per vehicle surcharge on motor vehicle rentals in Boston and Cambridge. Supporters said the package will give Boston a world class convention center, spur economic development, create jobs, generate tax revenue and attract major trade shows to Boston. Opponents said there are more pressing priorities, including police and fire stations, school buildings and libraries. They objected to the tax hikes and surcharges and insisted they be subject to voter approval. (A "Yes" vote is for the bill. A "No" vote is against the bill.)

**3. Voter Referendum (H 4717)** — The House, 122-31, rejected an amendment requiring local voter approval before any imposition of the proposed increase from 9.7 percent to 12.45 percent in the tax on hotel, motel and bed and breakfast rooms in Boston, Cambridge, Worcester and Springfield. The amendment would

place a question on the ballot in each of those communities. Amendment supporters said this will simply give voters in each community the final say on whether to raise taxes in their community. Amendment opponents said the amendment is simply a tactic designed to delay and kill the bill and argued the tax hikes are crucial to funding the new convention centers. (A "Yes" vote is for requiring a voter referendum. A "No" vote is against requiring a voter referendum.)

**4. MBTA Workers (H 4436)** — The House, 135-15, gave near final approval to and sent to the Senate a bill giving the MBTA Board of Directors the authority to bargain collectively with unions on determining staffing levels which affect the safety of workers. Current law prohibits bargaining on these issues and makes them a matter of "inherent management rights." Supporters cited the case of an MBTA worker who was killed on the job by a train and argued the accident could have been prevented if another worker was there to warn him. They argued workers should have the right to negotiate and bargain this public safety issue. Opponents sympathized with the unfortunate death but argued management rights are important to the operation of the MBTA. They argued if management is not doing its job and people are put in danger, there should be changes made in management personnel. (A "yes" vote is for the bill. A "No" vote is against the bill.)

**5. Internet Tax (H 4608)** — The House, 145-0, gave near final approval to and sent to the Senate a bill exempting Internet services from the state's five percent telecommunications sales tax. Supporters said in 1996 the Department of Revenue (DOR) decided to apply the state's telecommunications tax retroactively to Internet services provided since 1990. They argued the ruling is anti-business and will bankrupt many Internet service providers and drive their customers to states which do not tax these services.



# INSIDE ARLINGTON

## Festival at Spy Pond

Groups deliver environmental message amid fun

BY SARAH BOLLINGER  
SPECIAL TO THE ADVOCATE

A perfect mid-July day — bright, warm and dry — set the stage for a Spy Pond Park Festival that celebrated the beauty of the neighborhood's "jewel" while raising the specter of threats to pond and park

alike.

The Friends of Spy Pond Park, an organization formed earlier this spring, provided five hours of entertainment, picnicking and games on Saturday afternoon that were designed to bring neighbors together while enjoying this natural wonder.

Sandwiched in between scheduled musical events, a story teller from the library, sitting on a blanket near the pond, recited tales of pond life and was soon surrounded by children, while a group of lindy hoppers livened up the afternoon and had many visitors dancing.

Distributing brochures and dispensing advice, several organizations set up tables where they explained how everyone could protect and beautify park and pond. Signs tacked up to trees implored, "Please don't feed the geese," while the Spy Pond Committee of Arlington Vision 2020's Environmental Task Group warned of the dangers of pouring paint, motor oil or other noxious materials on the ground or into a storm drain or catch basin, or using lawn herbicides or pesticides, for all these toxins will eventually find their way into the pond.

The Vision 2020 group, which has been the major force working to maintain the pond as a healthy body of water and unique community asset, posted pictures of the clean up that it directed last month. Adrienne Landry of the Vision 2020 environmental task force praised the Friends of Spy Pond Park's efforts to protect and beautify the park, while encouraging its use as a community and cultural resource.

Christopher Mogil of Linwood Avenue, an organizer of the Friends, was very pleased with this first annual event.

"A lot of people learned about the condition of Spy Pond and the park," he said. "We were moved by the amount of support for the festival from local businesses and the community."

A bake sale, called "a big success" by its organizer, Debbie Bermudes, also of Linwood Avenue, brought out the generosity of the park's friends and raised enough funds to cover expenses.

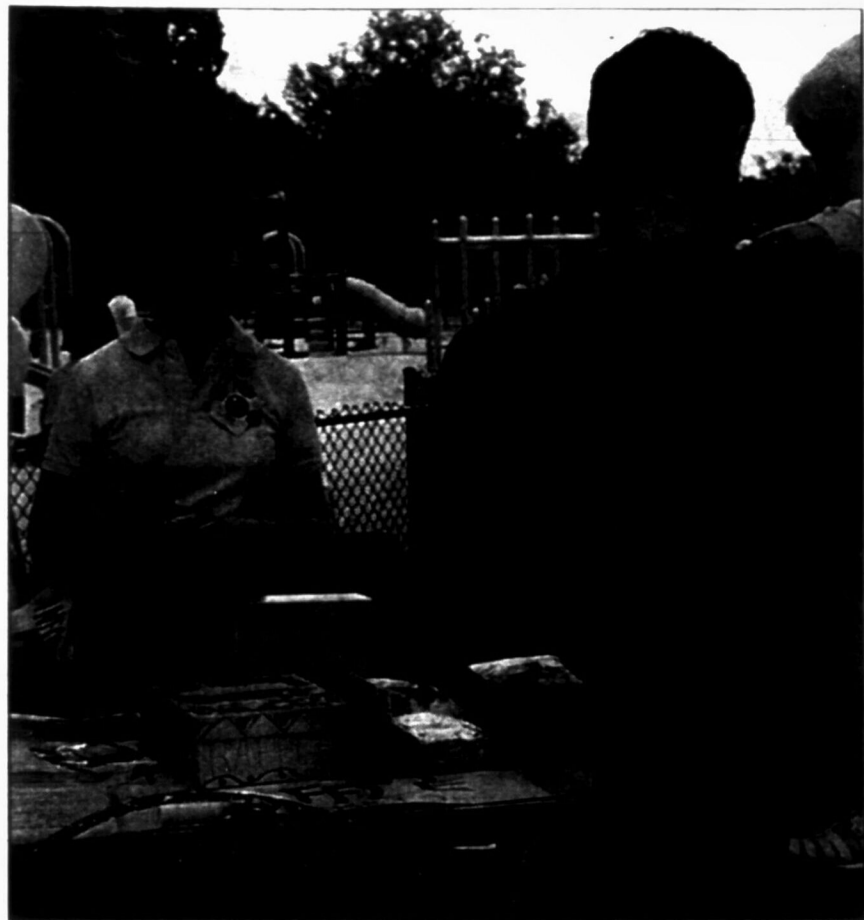
Bermudes said that several people "went all out," with some non-bakers donating money to buy the ingredients so that others who enjoy baking were able to make large amounts of goods to sell. She mentioned that Marianne Marcinkiewicz and Drew Tenenholz baked 32 dozen cookies for the event.

"The festival allowed a lot of people to find out about the organization and many thanked us for starting this and doing outreach in this way," Bermudes said.

Karen Grossman of Pond Lane, who is actively involved in the Friends' organization, said that she hoped that the festival pointed out the threats to Spy Pond and the park so vividly that everyone will work to get the park back up to where it was when it was renovated six years ago.

"The new sod that was planted at that time was apparently not watered," she said, "and much of it died, especially on the land adjacent to the gravel parking lot." She added that the Friends of Spy Pond Park are mainly concerned about erosion along the edge of the pond and hope that, as a result of activities such as the festival on Saturday, state and other conservation agencies will get involved.

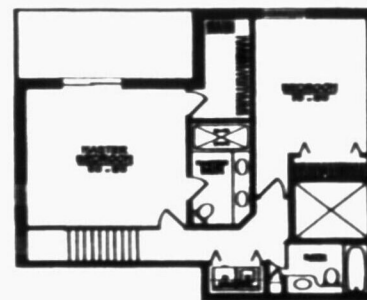
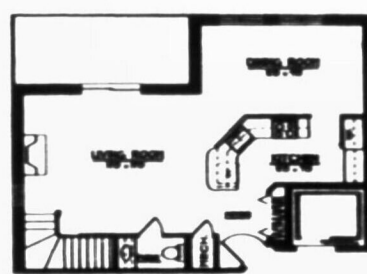
If the enthusiasm generated at Saturday's festival is a good indicator, Thomas Stratton (641-2983), contact for Friends of Spy Pond Park, will be hearing from many festival visitors eager to join the group and become part of its effort to preserve, enhance and enjoy Spy Pond Park.



PHOTOS BY ADRIENNE LANDRY

Clockwise from top left, Karen Grossman mans the raffle table; a clown applies face paint to one of the children attending the festival; Christopher Mogil, president of Friends of Spy Pond and Liz Blumenthal, an organizer of the festival, stand next to a festival sign; Vision 2020 Co-Chair Jane Howard explains troubles at the pond to several visitors; Enid Campbell Caldwell sells baked goods to Armstrong Ambulance personnel and Fire Department Deputy Chief Richard Maimone.

Greater Boston's New Prestige Address in Winchester



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### Directions

**From the South** Take 93N to Exit 33. Take South Border Road 2 miles to lights. Take a right onto Highland Ave. Travel 1 mile and take a left onto Keswin Street. Cross over Washington Street to Cross Street. Travel to Conant Road which will be on your left.

**From the North** Take 93S to Exit 35. Take a left at stop light. Travel 1/10 mile and turn left onto Park Street. Go 3/10 mile and turn left onto Forest Street. Travel 1 mile to lights and turn left onto Washington Street. Take Cross Street, which will be the 3rd road on the right. Travel to Conant Street which will be on the left.

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# COMMENT



The Birthplace of "Uncle Sam"

Samuel Wilson

## EDITORIAL

### Community pride

Summer offers the perfect opportunity to sit back and do nothing, pushing the important business back to September when the children head back to school and the town wakes up from the sleepy grasp of hot weather.

But two groups of citizens have fought off the temptation to relax, instead pushing forward with two causes that deserve the attention of the rest of us.

Communities are built and maintained by the residents who live in them. Town governments can accomplish much, but without involved citizens the process does not work well.

Enter the Friends of Spy Pond Park, the group that put together a fun-filled afternoon by the pond's shore Saturday. Members of this group have recognized that there is a dire environmental problem at Spy Pond.

Sure Selectmen and other town officials are up on the problem as well, but when residents respond with innovative ideas that they then carry out, the mission for Spy Pond is more easily accomplished.

Everyone who attended the festival heard the message. Spy Pond and its surrounding grassy areas are polluted. If enough residents become interested, the town will be able to recapture the former beauty and cleanliness of the pond.

The second group to receive a tip of our hat is the Board of Directors of the newly-established Haroutunian Fund. Realizing that medical problems have left this Arlington family in need, some of the town's more prominent members have pitched in to raise funds.

"Something like this (the fund drive) can help heal a community," Jack Bowler, chairman of the fund, said in reference to the recent battle over the debt exclusion referendum.

Such groups are what makes a town a community rather than just another place to live.



### Old Ironsides

When Old Ironsides hoisted her sails and rode the wind off the North Shore for the first time in more than a century this week, it was awe-inspiring. It was a sight to stir even the most hardened among us to feelings of patriotism and a sense of history in the making.

We were in awe, one might say. So when USS Constitution Commander Michael Beck, dressed to the hilt in his historic naval garb and fringed hat, was asked by one TV reporter to describe the day, what did he say? "It was awesome!" And when Sen. John Kerry, still starry-eyed from his brush with history, was asked for his take on the events of the day, what was his response? "It was awesome!"

Awesome? A Smashing Pumpkins show at Great Woods is awesome. Last week's "King of the Hill" cartoon on the Fox network might have been awesome.

Getting your ear pierced — for the eighth time — is awesome.

So with everything so "awesome" these days, have we forgotten how to use other words to describe an event or an emotion? Have we all forgotten how to speak from the heart, choosing instead from a shriveled bag of adolescent jargon to minimize life's experiences with a trite word or two?

To his credit, Commander Beck was more eloquent when speaking to other reporters. The fact that he was probably asked the same "how does it feel?" question a hundred times on Monday might have put a crimp in his ability to come up with pithy quotes.

After that historic day it would be nice to know that a quote, a phrase or a moment of inspired musing by Commander Beck might find their way into the annals of American literature.

To recall the salty words of John Masfield:

"I must go down to the seas again, to the lonely sea and the sky,

"And all I ask is a tall ship and a star to steer her by,  
"And the wheel's kick and the wind's song and the white sail's shaking,

"And a grey mist on the sea's face and a grey dawn breaking."  
Alas, that would be too long for a sound bite.

It would have been awesome to hear spoken from the decks of Old Ironsides, though.

### Wheelabrator's shameful parent corporation

BY KATHRYN MULVEY  
The incinerator in North Andover that North East Solid Waste Committee (NESWC) towns send their trash to has been in the spotlight recently for environmental and health-related concerns, as well as the economic burden it poses for the 23 communities that make up NESWC. Many residents are left feeling hostage to a corporation over which they have little control. The NESWC communities are not alone.

Waste Management, the parent corporation of Wheelabrator, which owns the incinerator, has a history of violating environmental and anti-trust laws, as well as using dubious methods to gain influence over public policy, particularly at the local and state level, dating back to the 1960s. These abuses have earned Waste Management a place in INFAC's Hall of Shame for corporate influence-peddling — along with four others profiled in "The 1997 People's Annual Report," joining Philip Morris, RJR Nabisco, Dow Chemical and Columbia/HCA Healthcare.

In a 1992 report by the San Diego District Attorney, Waste Management was said to engage "in practices designed to gain in-

fluence over government officials [which] suggest an unseemly effort by Waste Management to manipulate local government for its own business ends. If unchecked, these practices may have a corrupting impact on local government and lead to decisions unsuitable to the best interests of the public."

With at least 197 registered lobbyists in 40 states in 1996 — three here in Massachusetts, Waste Management exerts enormous influence at every level of government, has been accused of bribing public officials in Chicago, Florida and Ohio, and was the target of an FBI investigation in Ferris, Texas, where it operates a landfill.

In South Carolina where Waste Management's Chem-Nuclear operates the largest radioactive waste dump in the U.S., a local newspaper, *The State*, referred to Waste Management's lobbyists as "some of the most expensive and effective in the state" — calling one the "unelected Senator."

This corporation's criminal "rap sheet" includes \$45 million in fines, penalties and out-of-court settlements for violating environmental laws in the 1980s, a practice that has continued into the 1990s. In Pennsylvania in 1992, the US Department of Jus-

tice fined Waste Management \$11.6 million in what it called the "largest environmental crimes case ever." Such violations have simply become a cost of doing business.

Now Waste Management's child company, Wheelabrator, wants the taxpayers of the NESWC communities and Massachusetts to pick up the \$66 million tab so that its incinerator can meet Clean Air Act standards, and to extend the contracts with this wasteful waste facility.

People in NESWC communities need to be aware of Waste Management's track record. Many communities around the country have been faced with environmental degradation and expensive clean-up costs associated with Waste Management facilities, and many of them are fighting back.

In Chicago, a Waste Management incinerator was plagued with environmental and safety problems until it was eventually shut down after a 1991 explosion that released toxic fumes. In Emelle, Alabama, a Waste Management subsidiary operates the nation's largest hazardous waste dump that sits directly over the aquifer which supplies water to a large portion of Alabama's residents. The corporation was fined

for illegal storage of cancer-causing chemicals, and a lawsuit was filed claiming 10,000 residents had been contaminated with toxic materials leaking from the dump.

NESWC community residents should send a strong message to Wheelabrator. Citizens in Pennsylvania and Arizona have already taken important steps in dealing with Waste Management. In Pennsylvania, the Community Environmental Legal Defense Fund petitioned the Attorney General to revoke the charter of Waste Management and its subsidiaries to do business in the state for their "persistent history of violating environmental and safety regulations." In Flagstaff, the City Council approved a "bad company" ordinance to consider a corporation's background before doing business after a resident protested a Waste Management recycling bid on the basis of the corporation's history.

Residents should contact their local and state representatives and senators and urge them to break, not extend, the contract with Wheelabrator's incinerator.

Kathryn Mulvey, a native of Andover, is Executive Director of INFAC, a national grassroots corporate watchdog organization based in Boston.

## LETTERS

### Eating disorders can make for bad news

To the Editor:

The front page news is often heartbreaking. Stories of war, poverty, violence are common fare. The Wednesday July 9 and Thursday July 10 issues of the Boston Globe carried back to back stories about another kind of heartbreak — both literal and figurative.

Wednesday's front page carried the story of a 22-year-old woman who died as a result of her efforts to become thin enough; in all likelihood her heart broke down as a result of the punishment inflicted on her body by an eating disorder. Thursday's story once again warns that using a blend of popular diet drugs has been linked to heart disease. Five women in a study of 24 women using the fenfluramine/phentermine combination, required surgery to replace damaged heart valves — again hearts made broken in an effort to lose weight.

Weight loss is not meant to result in death or illness. Weight loss is meant to assist the individual in becoming a healthier person, able to live a fruitful and productive life. Weight loss is an obsession in this country, which ironically, according to a 1995 article in *Prevention* magazine, has the world's heaviest people. Extreme mea-

sures to achieve dramatic weight loss should be prescribed only when excess weight interferes with the achievement of one's life goals, and when an individual is 20-30 percent overweight. The 22-year-old Boston ballet dancer weighed about 100 pounds at her death. A woman from Massachusetts is reported to have died from one of the well known side effects of the fenfluramine/phentermine combination. She was attempting to lose 30 lbs. for her wedding. Countless anecdotes have been told of non-overweight individuals receiving prescriptions for the new diet drugs as they seek to become "thin enough." The desire to meet a cultural expectation of extreme slenderness occasionally results in the tragic consequences which have made recent headlines. There is also the less dramatic heartbreak that occurs in the lives of thousands of men and women who struggle with obesity and eating disorders.

There are programs available for individuals suffering from weight related problems which address their cognitive, behavioral and emotional roots rather than weight loss using restriction or drugs and there are ongoing efforts to educate young boys and girls about the dangers of dieting. However, these efforts must continue and reach an audience which appears to be growing in

numbers each year.

On Thursday, Sept. 25, 1997, Emily Fox Kales, Ph.D., will present a free lecture in Arlington entitled, "Dangerous obsessions, compulsive eating and dieting." Dr. Fox Kales has been an expert for over 20 years in the treatment of eating disorders and compulsive overeating, and is the founder and director of Feeding Ourselves, Inc., a program for people with weight and body image concerns. For more information about the lecture, please contact Pat Nelson at (617)661-3727.

Pat Nelson  
Bartlett Avenue

### Yard waste situation has reader annoyed

To the Editor:

I am tired of people dumping their yard wastes on town green spaces. I am also frustrated by the restrictive rules for trash collection.

According to "Your Guide to Curbside Recycling," published by the Town of Arlington and BFI, yard trimmings pick-up occurs during eight weeks in the spring and eight weeks in the fall. According to conversations with the Department of Public Works (DPW), that is the only time that yard waste will be picked up. I am all for recycling, but I am against

forced composting.

Meanwhile, well-intentioned citizens, who cannot afford a landscaping company, are stockpiling their yard wastes on the curb or behind the garage. Others, frustrated, are dumping their yard wastes on town green spaces.

One way or another, the town is paying for the disposal of yard waste. The cost is covered by higher fees for trash pickup, or by the deterioration of the town green spaces.

The contract with BFI should be reviewed and amended so that properly bundled and bagged yard waste is picked up during the spring, summer and fall. Contact the town selectmen if you agree.

Vincent E. Sagan  
Edmund Road

### Thanks to those who took part in car wash

To the Editor:

Cub Scout Pack 305 would like to thank everyone who stopped by last Saturday's car wash at Stratton School. In addition to being lots of fun for our scouts on a hot day, the car wash raised funds to help support our youth activities. We are grateful for the support of so many of our neighbors in Arlington.

Gary Coglianese  
Cubmaster, Pack 305

SEE LETTERS, PAGE 9

## THE ARLINGTON ADVOCATE

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### MISSION STATEMENT

It is the goal of *The Arlington Advocate* to provide our readers with the highest quality local coverage they desire and need, in a newspaper that is accurate, timely and filled with an intimate and lively portrait of the community in which they live, work and play.





# COMMENT

## LETTERS

LETTERS, FROM PAGE 8

### On Ottoson, the debt referendum and more

To the editor:

Nobody asked me, but isn't the new Ottoson shockingly ugly? When you're discouraged after standing there looking at it, just walk down Appleton Place to Massachusetts Avenue and admire the great garden on the corner of the Avenue and Appleton Street. And, while you're at it, the flowers in front of the DAV across the street will also give you a lift.

Am I a minority of one for admiring Governor Weld for his recent remarks about Senator Jesse Helms? Helms is a bully and Weld knows how to handle bullies.

Which reminds me. I recently saw a letter the Town Treasurer wrote to town employees on June 1. Did you town employees snap to it and vote for the debt exclusion in order to ensure your future raises?

Speaking of town employees, our police and fire personnel are among the best there are. Recently I phoned the police to report an accident across the street. It was close to midnight. After I hung up, I quickly pulled on a pair of shorts, walked to the front door, tucked my undershirt in my shorts and there appeared in front of me two police cruisers, an ambulance and a fire truck. Kudos to all of you, gentlemen.

Why will we not have a full-day kindergarten until September, 1998? If anyone is wondering what space the elementary schools can provide in the meanwhile, I opt for the school libraries. Put classes of kindergarten students in the libraries and ask the librarians to institute a kind of bookmobile for the rest of the grades for one year. Our school and town librarians are among the town's most valuable employees. The school librarians probably will be obliging and the kindergarten children will experience for one year what I have experienced for the last 10 years while being homeschooled. I have been surrounded by my library of 1,500 books and it hasn't hurt me a bit. In fact my test results indicate it helped.

Let's not worry about instructing kids on computers until they are exemplary readers. Otherwise, some day they'll write badly but be able to E-Mail it.

About 16 years ago I read an article in a teachers' magazine about some public school systems west of the Mississippi River that instituted their own development offices for the express purpose of raising funds for building programs. They solicited funds from corporations, foundations and individuals nationally. Of course, if local residents desired to contribute, they did so and their contributions

were gratefully received. This eliminated the need to involve those local residents who could not afford the burden of the building projects. If my memory serves me, the salaries for the development office personnel were covered by their own fund-raising efforts.

Finally, as many of you know, I have been following politics all my life. There have been some public servants who earned my undying admiration. One of these is Warden Judith Quimby. Because of her, it will be a long, long time before election laws are violated again in Arlington. I am proud that you are an Arlingtonian, Ms. Quimby. Very proud.

Anthony L. Bernacchi  
Massachusetts Avenue

### The Yes' side ran the stealth campaign

To the Editor:

My first response to Paul Schlichtman's letter (Advocate, July 10), "No' side should disclose finances," was to dismiss it as the fatuous flapping of the tongue, traceable to long-term sleep deprivation. (Mr. Schlichtman probably hasn't slept since the voters said "no" to the Yes crowd's latest money grab), but even nonsense should be challenged when it is laden with conspiracy theories and deception.

I don't belong to the Howard group nor do I know anything of their finances or operation. But I do know something about the Yes for Arlington Committee. Paul Schlichtman's description of them as merely a legally funded group advocating for the ballot question belies the true nature of this outfit. The Yes Committee is not some spontaneous grassroots movement that sprang to life to save the schools. It is a permanent political action committee created for the benefit of and driven by this town's moss-covered bureaucracy. A PAC for hacks!

These folks wear different hats but the faces are those of elected or appointed town officials, employees, town meeting members, hangers-on, and other cronies with an ax to grind. The committee goes dormant for a while and then every few years it has new life breathed into it when the Board of Selectmen of the School Committee, or the town treasurer wish to stage another raid on our wallets. Then the old signs are dusted off, the old slogans are hauled out and they're back in business again.

The override question had less to do with schools and children and more to do with jobs, money and power as Mr. Schlichtman well knows. The big losers June 10 were not only the builders and contractors who won't get hired but the public employees and their unions. Had the debt exclusion passed, the money the town

borrowed would have been invested in an interest bearing account awaiting distribution to pay the schools' renovation costs. The honorable thing for public servants, such as ours, to do would be to use the interest earnings to help pay off the debt thereby easing the burden on the taxpayers. Not this crowd. Their plan was to deposit the earnings in the town's general fund where it could be doled out in pay raises and perks and other goodies for themselves. So the taxpayers get shafted twice. First by a multi-million dollar debt on our backs for 30 years or more and then by the unconscionable siphoning-off of the interest earnings. So in the continuing "spirit of accountability," how much special interest union money was poured into the Yes Committee's coffers, Mr. Schlichtman?

Moving along in the same spirit, was any teacher or other employee time illegally donated during working hours to the Yes team's cause?

Were taxpayer-funded supplies, like copiers and paper, used to run off "educational material" trumpeting the benefits of just saying "Yes" for the little munchkins to bring home?

Understand I'm not accusing the Yes people of anything shady. Just asking questions. Like Mr. Schlichtman.

Mr. Schlichtman is understandably angry. He never expected to lose since there's never been any organized organization opposition until now. But to accuse the other side of running a "stealth campaign of questionable veracity" is the height of hypocrisy. Especially since this man is spokesman for people who have violated Massachusetts law by failing to "notify and warn the inhabitants of the Town of Arlington" of the election of June 10. For the first time in living memory someone "forgot" to send out the warrants. These people have remembered to send out the warrants when the only question on the ballot was a leash law! But they "forgot" to notify the people of Arlington about a multi-million dollar bond issue. Talk about a stealth campaign. Did they think they could hold an election and only their side would show up to vote? Shame on you Mr. Schlichtman for accusing your opponents of the very sin your side committed.

Only time will tell if Paul Schlichtman's comments are just a random volley fired off by a disgruntled loser, or the opening salvo of an organized campaign to demonize and discredit the growing opposition in Arlington to an entrenched, arrogant, smug bureaucracy of which Mr. Schlichtman is a member in good standing.

Elizabeth R. Candow  
Lafayette Street

## The myth of county abolition

BY TOM LARKIN

### GUEST COLUMN

Middlesex County has died. It was a slow and obscure death. There were few mourners. There is a sense of celebration among those who assume that county government is unnecessary, a duplication of effort and more expensive than state government. Those are false assumptions.

The fact is that Middlesex County is not being abolished. It is being taken over by state government. As a consequence, two things are certain. First, the cost of maintaining courthouses and the yearly budgets of the Sheriff and Registries of Deeds will increase significantly. Second, mismanagement, scandal and waste will not be abolished.

County government is not structurally flawed or inherently more inefficient or ineffective than state government. In most states, counties are an essential, cost-beneficial, regional level of government which readily receives significant political and financial support from both local and state government. In Massachusetts, that support does not exist. Instead, many state and local political leaders advocate state take-over of counties which has been taking place gradually for decades. Suffolk County employees have been state employees for many years. In 1978, the state took over budgetary and administrative responsibility for judges, court officers, probation officers and other judiciary support, including district attorneys, clerks of courts and registries of probate, statewide. The payroll and administrative cost for those essential, traditionally county functions, increased dramatically. A good argument can be made that the judicial system in this state is less efficient and effective since state take-over. In the 1980s, the agricultural

extension services and most county courthouses were transferred to the state. Franklin County and now, Middlesex County, requested state takeover...why?

The root cause is money. The state has it and the counties do not. Certainly, there have been scandals and examples of waste and mismanagement at the county level but, state government is no bargain. Oversight, accountability and reform can be applied at any level of government where there is a will to do so. There is a general public policy principle, still valid, that local and county governments are less expensive than state government, just as state administration is usually more efficient than federal administration of similar programs.

In 1983, the state legislature turned its back on the counties when they passed a law turning over appropriating authority from the legislature to county cities and towns, through their advisory boards. The Middlesex County assessment to the cities and towns in FY83 was 17.9 million dollars; in FY97, it was 2.8 million dollars. The advisory boards provided close budgetary oversight but their primary interest was in keeping the county assessment as low as possible.

Ironically, most counties, including Middlesex, generate more than enough money through their registries of deeds to fund all county operations. Middlesex Registries took in over thirty million dollars in fiscal year 1997. The state takes 57.5 percent of all registry excise taxes off the top. In Middlesex, due to a bizarre maintenance of effort formula, the Board of Commissioners saw none of that money and in fiscal year 1997 they had to pay

2.8 million dollars from other accounts to the Sheriff to satisfy the legislative formula. In addition, the state legislature has consistently underfunded the courthouse rent which they are obligated to pay. In Middlesex, we maintain the state owed us over four million dollars.

The Board of Middlesex County Commissioners and the Middlesex County Advisory Board, in a good faith effort to keep the Middlesex County Hospital open in the interest of the patients and employees while searching for a private take-over, built up a debt of almost twenty million dollars. This financial fact caused the collapse of Middlesex County. Clearly, the hospital should have been closed or sold several years ago. It is helpful in analyzing the problem, to understand that no public money was provided by local, county or state revenues throughout the several years building up to the sale of the hospital on December 31, 1996.

As a consequence of the significant debt, most reasonable observers support state takeover of Middlesex County. I supported the recent legislation. Middlesex County owes twenty million dollars in debt which it cannot pay and it must be paid. Yet, I mourn the passing of Middlesex County which was incorporated in 1643 and became the fourth most populous county in the nation. I mourn the lack of recognition of the consistent good work of the vast majority of Middlesex County employees who earn less, on average, than state and local employees who perform similar tasks. I mourn the sound and the fury of the search for sound bites and villains amidst the myth of abolition.

Tom Larkin was the chairman of the Board of Middlesex County Commissioners.

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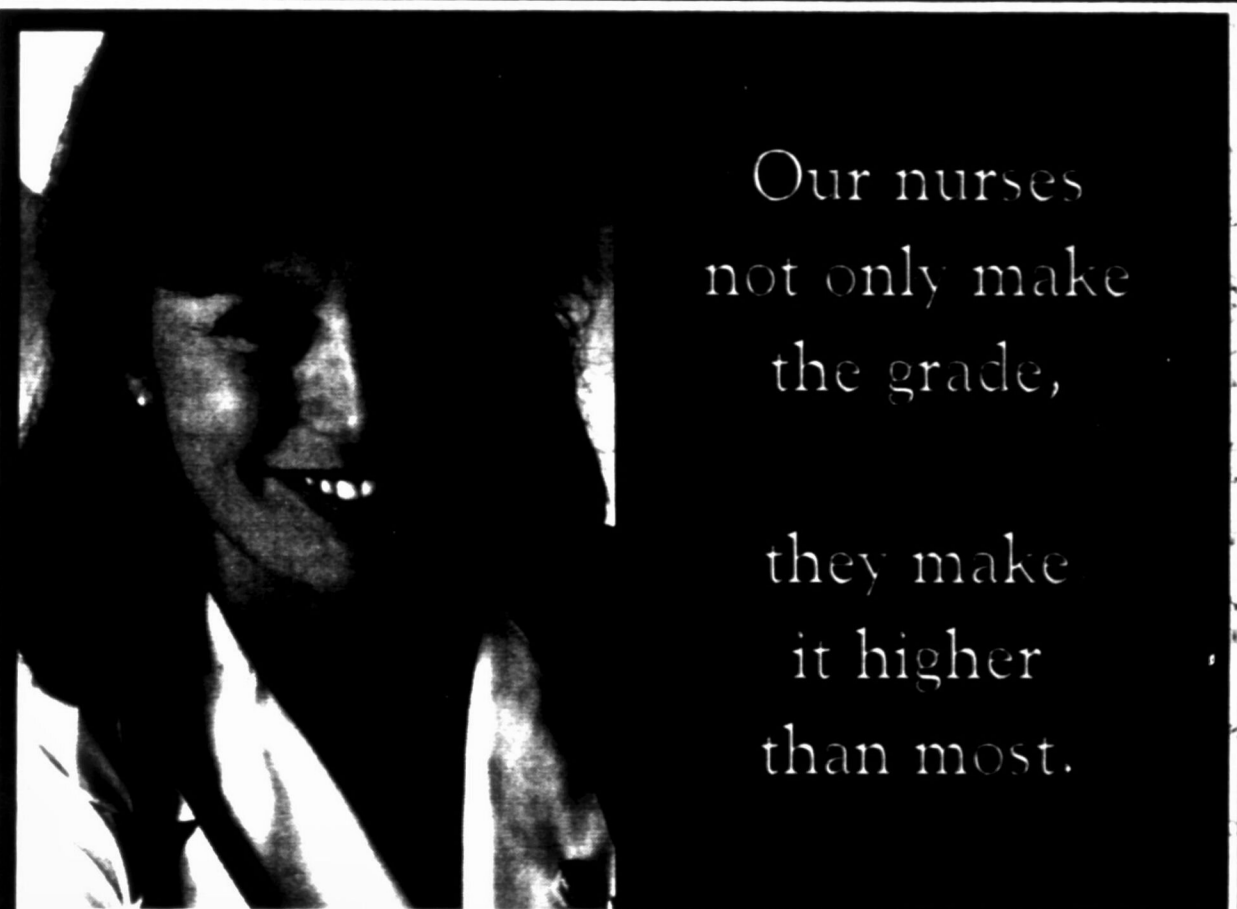
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# HEALTH

## Beat the heat this summer

### THREE TYPES OF HEAT STRESS

- **Heat Cramps:** Severe muscle cramps that occur due to loss of fluid and salt in the body.
- **Heat Exhaustion:** The body is dehydrated and can't replenish vital fluids. Signs are: fatigue, headaches, nausea and low blood pressure.
- **Heat Stroke:** When the body cannot regulate its temperature back to normal. Symptoms include: severe headache, confusion and loss of consciousness. Heat stroke is a true medical emergency.



### SAFEGUARD AGAINST HEAT STRESS

- Ask a neighbor to be your buddy and call each other daily to make sure the other is okay. Heat stress confusion may not allow you to recognize the signs of heat stress yourself.
- Do outside activities early in the morning or in early evening when temperatures are lower.
- Open windows for exchange of air in your living space. Even a warm breeze can be better than no air exchange at all.
- If you do not have an air conditioner, sit by a fan and cool yourself with a cool, damp cloth.
- Take a cool bath or shower.
- Drink plenty of fluids - at least two quarts a day - even if you are not thirsty. Thirst levels don't keep up the body's need for water as you get older. Avoid caffeinated and alcoholic drinks.
- If you feel ill, call your doctor or go to the Emergency Room immediately. You should never hesitate to seek professional help if you feel that you may be at risk of heat stress.

Source: COA & Symmes Hospital & Medical Center

### LOCAL HEAT SHELTERS

Air conditioned facilities identified as heat shelters:

- **The Senior Center,** 27 Maple Street, call 646-1000 x4720. You can also enjoy lunch at the center; for reservations, call 646-1000 x4747 one day prior.
- **Symmes Hospital & Medical Center** 646-1500. Lunch and dinner are served daily and there is a discount for seniors.
- Enjoy some quiet time reading a good book or magazine at **The Robbins Library,** 646-1000 x4300, and evenings 641-4884. **The Fox Library Branch,** 641-5478.

## PET THERAPY



Arlington resident Linda Sjoberg and her dog "Jonah" visit Ralph Tatro, of Lexington, a patient in the Transitional Care Unit at Symmes Hospital and Medical Center. Pet therapy is offered to patients in the unit because studies indicate it not only helps improve spirits, but also reduces blood pressure. Being with a friendly pet can remind patients of home or a happy time in their lives when they had a beloved animal friend.

## Vaisman has joined BRMC medical staff

STONEHAM — Boston Regional Medical Center has announced that Arlington resident Dr. Julien Vaisman has joined its active medical staff.

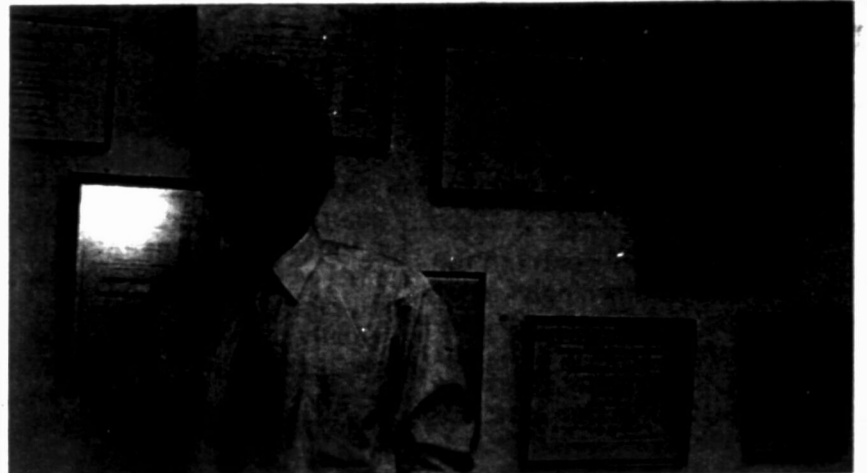
Vaisman, director of the Pain and Wellness Center in Melrose, is a private practitioner dedicated to interventional pain management.

Vaisman graduated from the Hadassah Medical School in Israel; completed an internship at Souraky Medical Center in Israel; completed an internship/residency in internal medicine at La Guardia Hospital in Cornell Medical Center; and completed a fellowship in anesthesia/pain management at the Brigham and Women's Hospital.

A diplomate of the American Board of Internal Medicine and American Board of Anesthesiology, Dr. Vaisman also holds a Certificate of Added Qualifications in Pain Management.

In addition, he has received training in pain management procedures at the Deaconess Hospital in Boston and Methodist Hospital in Houston.

Vaisman is accepting new patients. For more information about his practice call (617) 662-8301.



Dr. Julien Vaisman recently joined the active staff at Boston Regional Medical Center.



Dr. Maureen Norman and nurse practitioner Beth Dubois have joined the active staff at Symmes Hospital and Medical Center.

## Norman joins staff at Symmes Hospital

Dr. Maureen Norman, family practitioner, has joined the active medical staff of Symmes Hospital & Medical Center, Arlington, and moved her practice to the hospital.

Norman is a family physician, and along with nurse practitioner Beth Dubois, FNP, sees patients ages two and up.

They provide comprehensive family care, including routine gynecological care, travel immunizations, and allergy shots.

For more information, call Symmes Family Practice at (617) 641-7707.

Symmes Hospital & Medical Center is a 111-bed general community hospital and is a partnership of Lahey Clinic in

Burlington and HealthSouth Corporation, parent company of HealthSouth New England Rehabilitation Hospital in Woburn.

## Workshop offered for break-up sufferers

"Starting Over ... after the break-up," a support group for men and women ending a marriage or other intimate relationship, offered by the Arlington Wellness Alliance, will be accepting new members throughout the month of July.

The program, led by licensed therapists, will focus on dispelling the myths about divorce and separation and ways to begin the healing process.

For information about dates and fees call (617) 648-0674.

## Tips offered for avoiding heat stroke

In order to avoid the dangers of heat stress this summer, Symmes Hospital & Medical Center has again collaborated with the Arlington Council on Aging in the heat stress awareness and prevention campaign. A few tips to keep in mind:

- The elderly and shut-ins are particularly at risk of heat stress.
- Designated heat shelters: Arlington Senior Center, Symmes Hospital, and the Robbins Library and its Fox Branch.
- Symmes Hospital has free fans available for high-risk individuals.

For more information contact the Arlington Council on Aging, 646-1000 x4720, or Symmes Hospital House Supervisor at 646-1500.

For more information or to schedule an appointment, call 617-641-7811. Or visit our Web



site for a list of doctors, locations and events. Most major health insurance plans are accepted.

## ANNOUNCING THE OPENING OF OUR NEW EYE CENTER AT SYMMES HOSPITAL.

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